

*The Scottsdale Healthcare Wound Management Center offers a comprehensive approach to wound healing. You will be cared for by a team of professionals skilled in chronic wound treatment. These professionals include a skilled physician, certified wound nurse, dressing and orthotics specialists.*

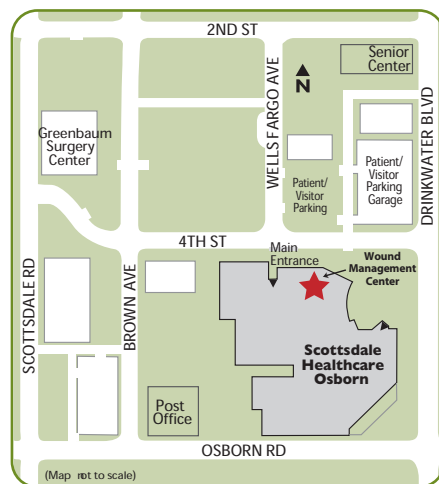
*Much of wound management's success is dependent on you, your commitment and participation. For wounds to heal properly, you must keep your scheduled appointments, and follow your doctor's orders for dressing changes and treatments.*

*Wound management is a special resource, dedicated to your special needs.*

## Locations



**Wound Management Center at Shea**  
9700 N. 91st St., Ste B210  
Scottsdale, AZ 85258  
480-323-4900



**Wound Management Center at Osborn**  
7400 East Osborn Rd.  
Scottsdale, AZ 85251  
480-882-6700

  
**SCOTTSDALE  
HEALTHCARE**<sup>SM</sup>  
shc.org

# Wound Management Center

## Information Guide

  
**SCOTTSDALE  
HEALTHCARE**<sup>SM</sup>  
*Personalizing Health*



# Wound Management...

*helping those with chronic wounds regain control of their lives*

## **Who needs wound management?**

If you have a wound that has not healed after about six weeks or if it has not shown notable improvement within four weeks, you are a candidate for the Scottsdale Healthcare Wound Management Center.

Non-healing or “chronic” wounds are commonly caused by diabetes, poor circulation and collagen vascular disease. Our Wound Management Center offers patients a variety of treatments to bring relief from chronic wounds.

## **How does wound management work?**

The Scottsdale Healthcare Wound Management Center is designed to offer treatment tailored to the individual. We begin by reviewing your wound and general health history. Blood analysis and special tests may be performed to provide information about the blood and oxygen flow to the affected area. Once the test results are returned, a plan of care is developed for each patient.

## **If I see a doctor at the Wound Management Center, can I still see my own doctor?**

We will work closely with your personal doctor, and we consider your doctor a partner in your care. In fact, many physicians refer their patients to a wound management center. Your personal physician will receive frequent communication on your progress. For routine medical care, you will still need to see your personal physician.

## **What kinds of treatment does the Wound Management Center offer?**

The Scottsdale Healthcare Wound Management Center provides the following treatments:

- Wound Debridement - This minor procedure promotes the growth of healthy tissues in the wound area.
- Wound Dressings - Proper wound dressing and wound care products will help provide the correct environment for healing to occur.
- Doppler Evaluation - This test determines blood flow available to transport medications and nutrients to the wound area.
- Transcutaneous Oxygen Monitoring (TcPO2) - A test to determine the level of oxygenation available to the wound to promote healing.

- Hyperbaric Oxygen Therapy (HBO) - Hyperbaric treatment has the patient breathing 100% oxygen at increased atmospheric pressure, which increases the oxygen levels in body tissue to aid in healing and fighting infection.
- Vascular and Plastic Surgery - Our program offers access to skilled physicians and today's advanced technologies.

## **How do I prepare for my first visit?**

Preparation begins with a referral from your primary care physician and scheduling an appointment. Be sure to keep your appointment and bring a list of any allergies, medications you are currently taking, and your insurance cards. If you are diabetic, bring a snack and any medication you may need, as your first visit will take some time.

Most health insurance plans cover wound management treatment.