

According to patients ...

"I feel somebody is watching out for me ... and I like that."

"It's become a quick little daily routine - just like brushing my teeth."

"It has raised my awareness about the things I need to do to stay in good shape."

"It gives me something to look forward to. And, it is very educational."

"At first, I thought it would be inconvenient. Now, I find myself looking forward to my telehealth sessions every day."



**Contact us today at
Scottsdale Healthcare
Home Health Services
480-882-4222**

**We will provide you with a
brief introduction to our
Telehealth program.**



**SCOTTSDALE
HEALTHCARESM**

Home Health Services
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shc.org

McKesson Telehealth AdvisorTM

Patient Information Brochure



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Personalizing Health



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A Simple Program, a Powerful Patient Care Solution

McKesson Telehealth Advisor™

Imagine a service that transcends the boundaries of traditional healthcare ... one that is convenient for physicians and easy for patients ... one that reduces exacerbations and repeat office visits ... and, one that is available at no cost to you! Sound too good to be true?

Not anymore. Introducing McKesson Telehealth Advisor™, a remote patient monitoring program comprised of the Health Buddy® appliance and more than 30 disease management programs.

Although the Health Buddy appliance is easy to use, it delivers a powerful patient care solution that offers significant benefit to patients and physicians:

- Provides care based upon individual patient care needs
- Tracks and supports patient compliance
- Helps patients learn to better manage their disease
- Reinforces healthy behaviors
- Identifies opportunities for proactive intervention
- Reduces emergency room utilization and re-hospitalizations
- Reduces patient anxiety and improves satisfaction
- Provides physicians with valuable care plan oversight documentation

Beyond Vital Signs - Enter Disease Management

While some telehealth programs focus on general vital sign monitoring, the McKesson Telehealth Advisor™ solution monitors each patient's condition in the context of their specific disease state. In fact, the solution offers more than 30 standardized disease management programs covering more than 45 subjects for both individual diagnoses and co-morbidities. The program consists of diagnosis-specific patient education and questions selected from more than 10,000 dialogues.

Here are some of the more popular programs:

- Adult Asthma Program
- Advanced Illness Program
- Bi-Polar Program
- Chronic Obstructive Pulmonary Disease Program*
- Coronary Artery Disease Program
- Cystic Fibrosis Program
- Depression Program
- Diabetes Program*
- Heart Failure Program*
- Heart Failure/Diabetes Program*
- HIV/AIDS Program
- Hypertension Program*
- Hypertension/COPD Program*
- Hypertension/Diabetes Program*
- Pediatric Asthma Program
- Senior Wellness Program

**NCQA-certified disease management program*

Contact your agency representative for a complete list of available programs.

Simple, Convenient, Targeted

The Health Buddy appliance is easy to use. Your patients simply read the questions and reminders, and then push one of four buttons to provide their answer. The information is transmitted to a secure Web site where you can access it and address any potential problems immediately.

Provided that there is a phone jack and an electrical outlet, the device can be placed anywhere that patients choose. They have the freedom to decide where and when they use it, at their convenience.

Lasting less than eight minutes, telehealth sessions are brief and tailored to the specific needs of your patients. Focused on disease management, the patient quickly provides their answers, while simultaneously receiving valuable educational information about their condition.

