

Scottsdale Healthcare's Health Information Centers

The average doctor's office visit is less than 20 minutes.

How do you get complete health information?

Contact Scottsdale Healthcare's Health Information Centers!

We can help you find answers.

Finding accurate, easy-to-understand information is essential to making informed healthcare decisions.

We provide reliable, scientifically-based medical information and health education so you can make informed decisions about your health. We have books, videos, magazines and newsletters, health databases, Internet resources and pamphlets for information on health, wellness and prevention.

Services and resources are available:

- **Personalized Research**

You and your family can ask our professional, friendly staff to help you find research on topics of your interest. We provide a comfortable setting designed to help you understand more about health, illness and treatment choices, find out about alternative medicine and clinical trials, and gain a better understanding of questions to ask your healthcare team.

- **Free Health Promotion and Prevention Programs**

Lectures are offered at the Health Information Center at McDowell Village and at the Scottsdale Public Library System include the weekly "Ask the Expert" and the monthly "Focus on Your Health" series. Participants can speak with healthcare professionals on a wide variety of health topics.

- **Electronic Resources**

You can search databases and credible Internet web sites covering health & medical topics. An online library catalog (<http://www.shc.org>) is available for locating information in our centers by subject, author or title.

- **Book Exchange Program**

Patients and family members looking for non-health, leisure reading can browse and take books of interest. Book donations are welcome.

Health Information Center

at McDowell Village

480-421-0598 healthinfo@shc.org
8322 E. McDowell Rd., Suite 105
(at Granite Reef Rd.)
Monday-Friday, 9 a.m. - 5 p.m.

Health Information Center

at Scottsdale Osborn

480-882-4870 healthinfo@shc.org
Osborn Hospital, 1st floor, near the cafeteria
Monday-Friday, 7:30am-5:30pm

Health Information Center

at Scottsdale Shea

480-323-3888 healthinfo@shc.org
Shea Hospital, 1st floor,
across from Baquette's Café
Monday-Friday, 10 a.m. - 3 p.m.

Werner Support & Resource Center

480-323-1050 werner@shc.org
Virginia G. Piper Cancer Center, 1st floor
Monday-Friday, 9 a.m. - 5 p.m.



**SCOTTSDALE
HEALTHCARESM**

Personalizing Health