

*Scottsdale Healthcare has contracted with Summa Associates to connect you with a wide range of child care and adult/elder care services. The child care referral service provides information on day care centers, preschools, nanny agencies, summer programs and more. Adoption assistance is available throughout the adoption process. The adult/elder care service furnishes information on adult day care centers, nursing homes, assisted living services and other resources.*

*The Family Resource Program is available to all Scottsdale Healthcare staff members.*

**IMPORTANT NOTICE:** Information provided to you by the Family Resource Program about a particular resource does not imply an endorsement. Summa Associates does not license or evaluate providers, programs or services. You are responsible for all decisions regarding care choices and quality of care.

### Costs

Professionals from the Family Resource Program will consult with you to offer appropriate referrals for services. Once you decide which program will suit your needs, you pay the selected provider.

For backup adult/elder care, mildly ill child care and backup child care, Scottsdale Healthcare assumes the bulk of the cost. A minimal fee is charged.

### Taxes

Please note that all or part of the amount Scottsdale Healthcare pays on your behalf for backup child care, mildly ill child care or backup adult/elder care may be taxable to you. If so, it will be reported at the end of the year on your W-2 as taxable income. If you have tax questions, contact a professional tax advisor.

### Want more information?

**Contact the Family Resource Program**  
at 480-921-2233 or 800-343-9057, 8 a.m.-5 p.m.  
Monday through Friday or go to  
[www.childcareresource.com](http://www.childcareresource.com) or  
[www.eldercareresource.com](http://www.eldercareresource.com)  
(Login: SHC, Password: childcare)



**SCOTTSDALE  
HEALTHCARE<sup>SM</sup>**

**Human Resources**

9201 E. Mountain View Road, Ste. 100 Scottsdale, AZ 85258  
480-323-4540

[shc.org](http://shc.org)

# Family Resource Program

## Information Guide



**SCOTTSDALE  
HEALTHCARE<sup>SM</sup>**

*Personalizing Health*



70149 (10/06)

## Resources for Scottsdale Healthcare's extended family

### Child and Elder Care Consultation & Referral Services

These services are free and can help you explore child or adult/elder care options. A trained specialist will answer your questions and provide referrals to numerous resources locally and nationally, including:

#### Child Care Resources

- Family child care providers
- Child care centers
- Certified family child care group homes
- Before/after school programs
- Summer programs
- Nanny agencies
- Preschools ... and more

#### Adult/Elder Care Resources

- Day care centers
- Nursing homes
- In-home care programs
- Transportation services
- Retirement communities
- Legal/financial assistance
- Meal programs
- Assisted living services
- Support groups ... and more

You may also browse the online database for child or adult/elder care resources. Simply go to [www.childcareresource.com](http://www.childcareresource.com) or [www.eldercareresource.com](http://www.eldercareresource.com). The log-in identification is SHC and the password is childcare.

### Backup Child Care

Backup child care is available when you have to go to work and your child care provider is on vacation or closed, or when your regular arrangements fall through. Scottsdale Healthcare assumes the bulk of the cost! You pay only \$12 per child daily and can use the benefit up to 10 days each year. Backup child care options include:

- Family child care providers
- Certified family child care group homes
- Child care centers

### Backup Adult/Elder Care

Backup adult/elder care services help you care for your parent, parent-in-law or adult dependent child when you have to go to work and the regular care provider is vacationing, closed or otherwise unavailable. Scottsdale Healthcare assumes the majority of the cost. You pay just \$12 per day. This service may be used for six occurrences annually.\*

### Care for Mildly Ill Children

Child care service for mildly ill children is available on a 24-hour basis and may be used if you would otherwise have to stay home to provide care. Scottsdale Healthcare assumes the majority of the cost for this care. You pay only \$12 per day regardless of the number of children needing care. You may use this service for 10 occurrences\* per year.

*\*An occurrence is a period consisting of at least one shift or part thereof but not more than three consecutive shifts.*

### Education Service

Need information about schooling? This free consultation service can help you throughout your family's education process. A trained specialist will answer your questions and provide referrals to public, private and charter schools. Consultation topics include:

- Helping with homework
- Communicating with your child's teacher
- Reacting to grades
- Dealing with peer pressure
- College selection process

### Adoption Assistance

The adoption assistance service can help you explore issues related to adopting a child. Consultation topics include:

- Domestic and international adoption
- Agency or private adoption options
- Choosing an agency that meets your needs
- Costs, risks and time frames for adoption
- Issues related to adopting stepchildren or relatives

In addition to assistance services, Scottsdale Healthcare will reimburse you up to \$3,000 per child for adoption expenses.

### Pet Care Program

This consultation service is free and provides valuable resources to help care for your pet, including:

- Evaluating kennels
- Choosing a veterinarian
- What to look for in a groomer
- Hiring a pet sitter