

Quality health services are always within reach.

SPIRIT OF WELL-BEING

Community Health Education and Outreach Services (CHEOS) provides health education services for the community through its ongoing Spirit of Well-Being campaign. This campaign focuses on the Healthy People 2010 public health initiatives identified at the state and federal level. Its goal is to provide programs that will improve the health of the Scottsdale Healthcare community and to eliminate disparities in health status.

HEALTH DISPLAYS

Health displays are available on various health topics and can be used for health fairs.

Health Display Topics

(Some of the following health displays are available in Spanish.)

- Advance Directives/Living Wills
- Cancer: Prevention and Early Detection (Spanish)
- Community Health Education
- Complementary Therapies
- Desert Critters
- Diabetes
- Domestic Violence (Spanish)
- Energize with Exercise (Spanish)
- Let's Get Physical
- Environmental Health
- Five-A-Day
- Food Guide Pyramid
- Hazards of Smoking (Spanish)
- Healthy and Beautiful Skin
- Kids Safety (Spanish)
- Osteoporosis: Prevention and Treatment
- Risk Factors of Heart Disease
- Safety and Injury Prevention
- Substance Abuse
- Where's the Fat

SPEAKERS' BUREAU

The Speakers' Bureau is a free resource provided by Community Health Education and Outreach Services. Speakers include Scottsdale Healthcare physicians, nurses and other healthcare professionals who are available to speak to schools, churches or other community organizations.

Speaker Topics

(This list includes some of the more popular topics. Please call for more health-related topics.)

- Substance Abuse
- Healthy Nutrition
- Women's Health
- Exercise
- Advance Directives
- Positive Aging
- Cancer Prevention

To schedule a health display, speaker,
NOAH mobile visit or Health World class, call:

480-675-4317

(Monday-Friday, 8 a.m.-4 p.m.)

We prefer to have a four-week notice to process
your request.

NEIGHBORHOOD OUTREACH ACTION FOR HEALTH (NOAH)

Community Health Education and Outreach Services brings healthcare services to the community through clinics and a mobile health unit.

NOAH Clinics

NOAH clinics provide care for uninsured children registered in the Scottsdale and Paradise Valley school districts. Family members of these children who are not eligible for AHCCCS programs or other health insurance plans, including those seeking prenatal care or annual pelvic exams with Pap smears, also are eligible for services.

Services provided for children include:

- Physical examination
- Diagnosis and treatment of minor illnesses
- Wellness examinations
- Sports physicals
- Health education
- Referrals to the Heuser Family Practice Center

NOAH Mobile Health Unit

This one-of-a-kind mobile health clinic brings healthcare education, services and screenings to schools, the senior population, businesses and community organizations. The 37-foot-long coach is staffed by a team of healthcare professionals including nurse practitioners.

HEALTH WORLD OUTREACH PROGRAM

Scottsdale Healthcare has teamed with Chicago- and Scottsdale-based Health World to bring a series of educational, fun classes to children and teenagers' schools and Scouts/club meetings. Health World's mission is to promote health education and provide children with the information they need to build healthy lives.

Health World can come to your school or organization and present age-appropriate health and safety programs to grade levels K-8. A variety of classes are offered, such as Staying Healthy, First Aid and Getting Along with Others. Programs are hands-on and promote student participation.

For more than 30 years, Scottsdale Healthcare has been the healthcare provider for its surrounding communities with a commitment to quality, service and accessibility. Part of Scottsdale Healthcare's mission is to take a leadership role in health through prevention efforts, outreach services and health education.

Scottsdale Healthcare's Community Health Education and Outreach Services reaches into the community with a Speakers' Bureau, health fairs, immunizations, Neighborhood Outreach Action for Health (NOAH) clinics and mobile health unit, and the Health World Outreach Program.

HEALTH EDUCATION PROGRAMS

Visit our web site at www.shc.org for instant online registration for Scottsdale Healthcare's Community Health Education and Outreach Services programs.

CHILDREN'S IMMUNIZATION CLINIC

Community Health Education and Outreach Services provides free children's immunizations. Immunization clinics are held on the second Saturday of each month from 10 a.m. to 4 p.m. at 3634 North Drinkwater Blvd., Scottsdale. Vaccinations are free, no appointment is necessary and translators are available. Children must be accompanied by a parent or guardian. Please bring immunization records. Call 480-675-INFO (4636) for more information.

Vaccinations available include:

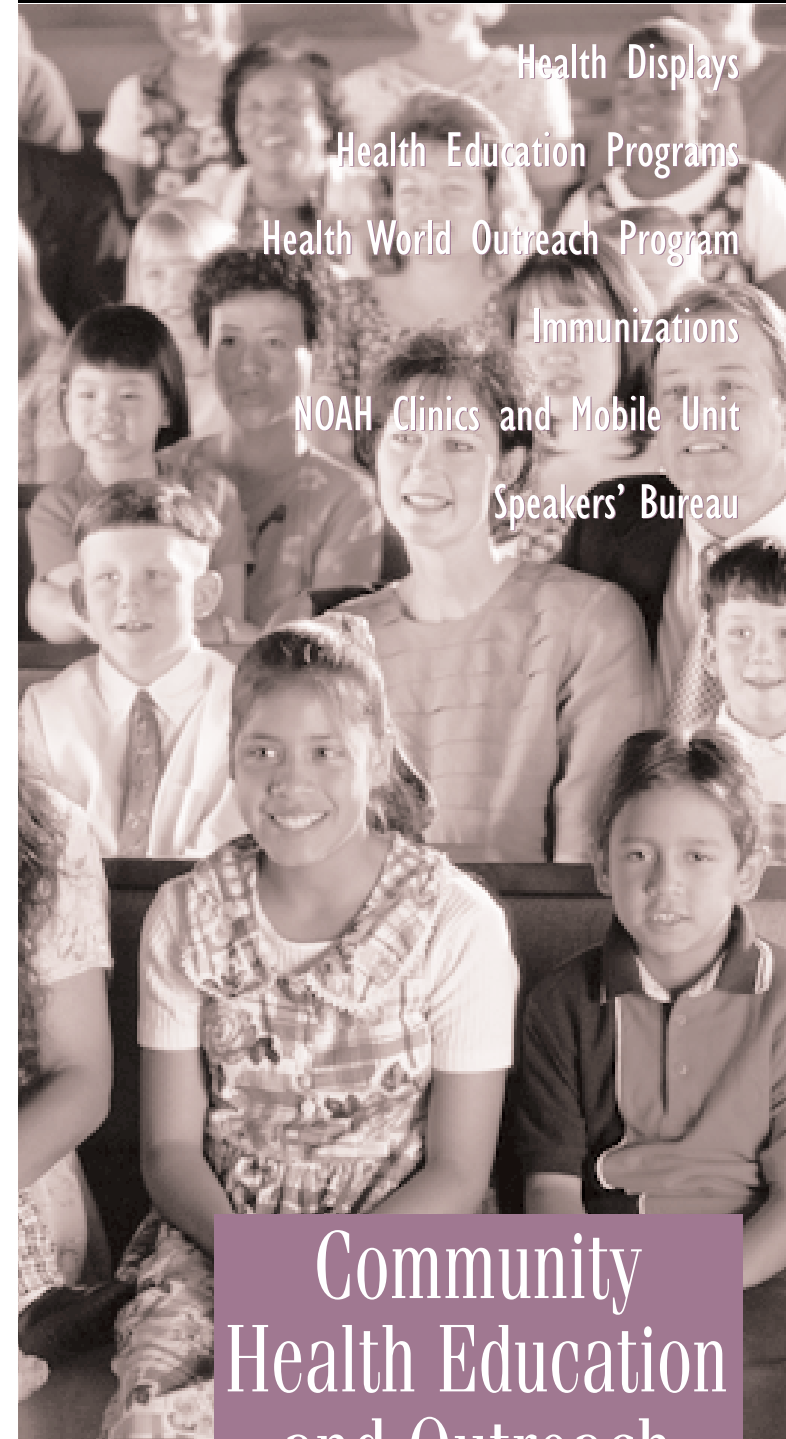
- DtaP series
- IPV series
- Hib series
- Measles, Mumps, & Rubella (MMR)
- Chicken Pox, Hepatitis A, Hepatitis B
- Tetanus & Diphtheria boosters
- Prevnar

WANT MORE INFORMATION?

Visit www.shc.org or call us at 480-675-INFO for more information about the services offered by Scottsdale Healthcare.



Community Health Education and Outreach Services
3634 N. Drinkwater Blvd. • Scottsdale, AZ 85251-5628 • 480-675-4317
www.shc.org



Community
Health Education
and Outreach

SERVICES