

Commuter Connection

Scottsdale Healthcare's
Employee Transportation Program



SCOTTSDALE
HEALTHCARE®



Automobiles are responsible

More than 70 percent of the air pollution that clogs our lungs, makes our eyes water, triggers asthma attacks and complicates lung-related illnesses is caused by automobiles.

*The family car, work and delivery trucks, motorcycles, recreational and commercial vehicles log approximately **70 MILLION** miles every day in the Valley of the Sun. For every 45 miles of driving, approximately one pound of pollution goes into the air — that's over 775 tons of pollution added every day to the air we breath!*

Pollution creates the brown cloud that hangs over our Valley. By using an alternative mode — carpooling, vanpooling, biking, walking, riding the bus and telecommuting — we reduce the number of vehicles on Valley streets and freeways. How we get to work makes a difference in our air quality.



Scottsdale Healthcare has many programs to help you commute smarter.

If you're interested in saving money, reducing stress and improving our air quality and traffic congestion, start with:


Commuter Connection on the Web

You can access the website directly at <http://shc.trponline.org>, or on the Scottsdale Healthcare intranet, click on *Blue Skies Earth Wise* and follow the link to Commuter Connection.

Commuter Connection has a carload of information, tips and forms to help you take advantage of Scottsdale Healthcare's programs for commuters. Plus, it links you to air pollution information, air quality and transportation websites, along with helpful news articles.

Most important, you will find *My Commuter Connection Calendar* here. With it, you can track the days you use an alternative mode of transportation. By completing the calendar, you are automatically entered in the quarterly incentive drawings.





Commuter Connection gives you
important information on these
valuable benefits:

Free Bus Card

If the bus is your vehicle of choice, your ride to work is free. Complete an application to get your free bus card.

Vanpools

Like carpools only bigger. Scottsdale Healthcare provides the van and \$200 per month for gas. It takes six to ten people to start a vanpool. Request a vanpool packet or get your “pool” together for a short, informational meeting. Complete an Alternative Mode User Interest Form and you’ll be notified when vanpools are forming in your area.

Carpool Matching

Don’t know who lives near you and works the same shift? Go to **www.sharetheride.com** (or access it through *Commuter Connection*); complete the registration using your work (preferred), or home e-mail address and see if you have any matches. If you don’t have e-mail, contact the Scottsdale Healthcare Transportation Coordinator at 480-323-4521 to see if there is a potential partner for you.

Preferred Parking for Carpools and Vanpools

Premium parking spaces are reserved on the Scottsdale Healthcare campuses for staff members who share the ride to work. Carpoolers can register with the badging office and get a parking permit for the marked spots.

Secure Bicycle Lockers

If you like to get your exercise while going to and from work, you can park your bike in one of the new bike lockers located on the Shea, Osborn and Thompson Peak campuses. Pick up a campus map for locker locations.

Shower Facilities

If you walk or bike to work and want to freshen up, just bring your towel; the soap and water are free. Contact the Transportation Coordinator at 480-323-4521 or e-mail commuterconnection@shc.org for location and access information.

Guaranteed Emergency Ride Home

You'll never be stranded without a ride if you have an emergency on a day that you use an alternative mode of transportation. We'll put you in a taxi and pick up the fare.

"I save over \$2500 a year taking the bus, and I love it!"

- Roman Kludka, IS Osborn



Quarterly Incentive Drawings

Using alternative transportation takes effort. As a way of saying “Thank you for doing your part,” 25 randomly drawn alternative mode users receive a \$25 gift card every quarter.

To enter the drawing, register as an Alternative Mode User on Commuter Connection and log the days you use an alternative mode, or complete the quarterly calendar.

Intercampus Shuttle

Get to know your co-workers! Take advantage of the intercampus shuttle that runs every hour. It’s free and a great way to get to meetings or work at another campus.

Commuter Connection on the Web

You will find forms and more information on these programs at Scottsdale Healthcare’s Commuter Connection website:

<http://shc.trponline.org> or click on **Blue Skies Earth Wise** on the intranet

For assistance, contact: 480-323-4521
or e-mail commuterconnection@shc.org



"We're saving money, less stressed, reducing pollution, and making new friends by vanpooling. Thanks, Scottsdale Healthcare, for caring about your employees and the environment."

- Shea Super Transport (a.k.a. "SST" van)



*M*aricopa County Trip Reduction Program

Scottsdale Healthcare complies with program requirements

Since 1987, employers in Maricopa County have been required by county ordinance to participate in the Maricopa County Trip Reduction Program. The program directs employers to encourage employees to use an alternative mode of transportation in their work commute.

Alternative modes include the bus, carpooling, vanpools, bicycling, walking, telecommuting and compressed work schedules. These are low and non-polluting alternatives to single occupant, driver-only vehicles. Using an alternative mode reduces the number of vehicles on the freeways and streets, thus reducing air pollution and traffic congestion.

Scottsdale Healthcare willingly complies with the requirements of the Trip Reduction Program because we know that poor air quality affects the health of our patients and staff members. By doing our part to reduce trips and miles traveled during work commutes and personal travel, we can contribute to cleaner air and a healthier lifestyle for everyone.

For more information, contact:

**480-323-4521 or e-mail
commuterconnection@shc.org**



**SCOTTSDALE
HEALTHCARE®**

Employee Benefits

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shc.org