



SCOTTSDALE
HEALTHCARESM

Public Relations & Marketing
7400 E. Osborn Road
Scottsdale, AZ 85251-6403
Tel (480) 882-4910 Fax (480) 882-4992

NEWS

CONTACT: Jo-an Holstein, 480-882-4543, jholstein@shc.org

Scottsdale Healthcare to open seasonal flu shot clinics

SCOTTSDALE, Ariz. (Sept. 3, 2008) – Scottsdale Healthcare opens its annual clinics providing flu and pneumonia shots for adults on Oct. 1.

Vaccinations are given on a walk-in basis. Flu shots are \$25 and pneumonia shots are \$35. Medicare is accepted. Clinics are open Monday-Friday through December, except holidays. Hours are 7:30 a.m.-5 p.m.

Scottsdale Healthcare flu shot clinic locations

Medical Plaza IV
Scottsdale Healthcare Shea
10200 N. 92nd St., Ste. 100, Scottsdale
480-323-3818

Scottsdale Medical Center
Scottsdale Healthcare Osborn
3501 N. Scottsdale Rd., Ste. 231, Scottsdale
480-882-4770

Thompson Peak Medical Plaza
Scottsdale Healthcare Thompson Peak
20201 N. Scottsdale Healthcare Dr., Ste. 140, Scottsdale
480-323-1880

The Pavilions
1941 W. Guadalupe Rd., Ste. 108, Mesa
602-467-8604

Who should get a flu shot?

According to the Centers for Disease Control, anyone who wants to reduce their chances of getting the flu generally can get vaccinated. However, certain people should be vaccinated each year, including:

- pregnant women
- people age 50 and older
- people with certain chronic medical conditions
- people in nursing homes and other long-term care facilities
- people who live with or care for those at high risk of flu complications, such as healthcare workers, and household contacts and out-of-home caregivers of children less than 6 months old

Who should get a pneumonia shot?

According to the Centers for Disease Control, you should get a pneumonia shot if you:

- are age 65 or older
- have serious long-term health problems such as heart disease, sickle cell disease, alcoholism, lung disease, diabetes or liver cirrhosis
- have lowered resistance to infection due to certain health issues
- are an Alaskan Native or from certain Native American populations

Scottsdale Healthcare (www.shc.org) is the not-for-profit parent organization of the Scottsdale Healthcare Osborn, Scottsdale Healthcare Shea and Scottsdale Healthcare Thompson Peak hospitals, Virginia G. Piper Cancer Center, Scottsdale Clinical Research Institute, Scottsdale Healthcare Home Health Services and Scottsdale Healthcare Community Health Services.

###