

NEWS BY YOU

Healthcare plays role in heart-attack initiative

Scottsdale Healthcare is taking a leadership role in the American Heart Association's Mission Lifeline initiative to improve care for those experiencing the deadliest type of heart attack. Scottsdale Healthcare will gather data and share its expertise and processes with other hospitals to help advance care for patients suffering ST-elevation myocardial infarction or STEMI — a heart attack in which blood flow is completely blocked to a portion of the heart.

— *Jo-an Holstein submitted this information on behalf of Scottsdale Healthcare.*

HOW IT'S DONE

The blockage must be eliminated quickly to reduce the risk of death or debilitation. The most effective way to do this is through percutaneous coronary intervention (PCI), which uses stents, balloon angioplasty or surgery to restore blood flow. For best results, PCI should be administered within 90 minutes of a STEMI event.

QUOTABLE

"Scottsdale Healthcare's ability to establish the teamwork and processes needed to provide quick, effective care enables us to play a key role in helping to improve care for heart attack patients," said President and CEO Tom Sadvary.

HOSPITAL RECOGNITION

Scottsdale Healthcare Shea Medical Center and Scottsdale Healthcare Osborn Medical Center have been recognized for their ability to provide PCI. Both were recently accredited as Cycle II Chest Pain Centers with PCI status by the Society of Chest Pain Centers. Additionally, Scottsdale Healthcare is a member of the Door to Balloon Alliance, which requires reliably providing angioplasty, a procedure in which a balloon-like device is placed into a coronary artery to remove blockages, within the 90-minute or less timeframe.

FACTS ABOUT HEART DISEASE

According to the American Heart Association, 1.4 million people will suffer a heart attack this year, and nearly 400,000 will experience STEMI. A significant number don't receive prompt treatment to restore blood flow, and approximately 30 percent of STEMI patients don't receive any blood flow-restoration treatment at all.

THE COMPANY

Scottsdale Healthcare (www.shc.org) is the not-for-profit parent organization of Scottsdale Healthcare Osborn Medical Center, Scottsdale Healthcare Shea Medical Center, Scottsdale Healthcare Thompson Peak Hospital, Virginia G. Piper Cancer Center, Scottsdale Clinical Research Institute, TGen Clinical Research Services at Scottsdale Healthcare, Scottsdale Healthcare Home Health Services, Scottsdale Healthcare Community Health Services, NOAH Clinics and Scottsdale Healthcare Foundation. Scottsdale Healthcare ER wait times are updated every three minutes at www.fastERtimes.org.