Pelvic/Urinary Disorder PFIQ-7

PT INITIALS_____ **DATE**_____
I.D. Number_____ **Research Site**_____

Pre□ , 3 mo□, 6mo□, 12 mo□, 24 mo□, 36 mo□, 60 mo □

Pelvic Floor Impact Questionnaire—short form 7
Instructions: Some women find that bladder, bowel, or vaginal symptoms affect their activities, relationships, and feelings. For each question place an **X** in the response that best describes how much your activities, relationships, or feelings have been affected by your bladder, bowel, or vaginal symptoms or conditions **over the last 3 months.** Please make sure you mark an answer in **all 3 columns** for each question.

How do symptoms or conditions in the following usually affect your	***Bladder or urine***	***Bowel or rectum***	***Vagina or pelvis***
1. Ability to do household chores (cooking, laundry housecleaning)?	□Not at all □Somewhat □Moderately □Quite a bit	□Not at all □Somewhat □Moderately □Quite a bit	□Not at all □Somewhat □Moderately □Quite a bit
2. Ability to do physical activities such as walking, swimming, or other exercise?	□Not at all □Somewhat □Moderately □Quite a bit	□Not at all □Somewhat □Moderately □Quite a bit	□Not at all □Somewhat □Moderately □Quite a bit
3. Entertainment activities such as going to a movie or concert?	□Not at all □Somewhat □Moderately □Quite a bit	□Not at all □Somewhat □Moderately □Quite a bit	□Not at all □Somewhat □Moderately □Quite a bit
4. Ability to travel by car or bus for a distance greater than 30 minutes away from home?	□Not at all □Somewhat □Moderately □Quite a bit	□Not at all □Somewhat □Moderately □Quite a bit	□Not at all □Somewhat □Moderately □Quite a bit
5. Participating in social activities outside your home?	□Not at all □Somewhat □Moderately □Quite a bit	□Not at all □Somewhat □Moderately □Quite a bit	□Not at all □Somewhat □Moderately □Quite a bit
6. Emotional health (nervousness, epression, etc)?	□Not at all □Somewhat □Moderately □Quite a bit	□Not at all □Somewhat □Moderately □Quite a bit	□Not at all □Somewhat □Moderately □Quite a bit
7. Feeling frustrated?	□Not at all □Somewhat □Moderately □Quite a bit	□Not at all □Somewhat □Moderately □Quite a bit	□Not at all □Somewhat □Moderately □Quite a bit
Total	**x 100**	**x 100**	**x 100**

Scoring the PFIQ-7: =
All of the items use the following response scale:
0, Not at all; 1, somewhat; 2, moderately; 3, quite a bit **PFIQ-7 Score**
Scales:
Urinary Impact Questionnaire (UIQ-7): 7 items under column heading “Bladder or urine”
Colorectal-Anal Impact questionnaire (CRAIQ-7): 7 items under column heading “Bowel / rectum”
Pelvic Organ Prolapse Impact Questionnaire (POPIQ-7): Items under column “Pelvis / Vagina”
Scale Scores: Obtain the mean value for all of the answered items within the corresponding scale (possible value 0 – 3) and then multiply by (100/3) to obtain the scale score (range 0-100).
Missing items are dealt with by using the mean from answered items only.
PFIQ-7 Summary Score: Add the scores from the 3 scales together to obtain the summary Score (range 0-300).